

## AAU Utah State Powerlifting Records as of 9/13/2008

Women's Weight Class	Open Name	SQUAT Kilos	SQUAT lbs.	Date	Open Name	Bench Kilos	Press lbs.	Date	Open Name	Dead Kilos	Lift lbs.	Date	Open Name	Combined Kilos	Total lbs.	Date
44 kgs.																
48 kgs.																
52 kgs.																
56 kgs.																
60 kgs.	Leslie Hofheins	130	286.60	9/15/2007	Leslie Hofheins	77.5	170.86	9/15/2007	Leslie Hofheins	147.5	325.18	9/15/2007	Leslie Hofheins	355	782.63	9/15/2007
67.5 kgs.	Christy Danielson	87.5	192.90	9/15/2007	Christy Danielson	57.5	126.76	9/15/2007	Christy Danielson	127.5	281.09	9/15/2007	Christy Danielson	272.5	600.75	9/15/2007
75 kgs.																
82.5 kgs.																
90 kgs.																
90+ kgs.																
Women's Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Women</u>	<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>			
44 kgs.																
48 kgs.																
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Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Women</u>	<u>Open Law / Fire</u>				<u>Open Law / Fire</u>				<u>Open Law / Fire</u>				<u>Open Law / Fire</u>			
44 kgs.																
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Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Women</u>	<u>Open Military</u>				<u>Open Military</u>				<u>Open Military</u>				<u>Open Military</u>			
44 kgs.																
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Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Junior Women (20-23)</u>	<u>Open</u>				<u>Open</u>				<u>Open</u>				<u>Open</u>			
44 kgs.																
48 kgs.																
52 kgs.																
56 kgs.																
60 kgs.																
67.5 kgs.																
75 kgs.	Yasaman Alimadadl	55.0	121.25	9/17/2005	Yasaman Alimadadl	32.5	71.65	9/17/2005	Yasaman Alimadadl	97.5	214.95	9/17/2005	Yasaman Alimadadl	185.0	407.85	9/17/2005
82.5 kgs.																
90 kgs.																
90+ kgs.																
Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Junior Women (20-23)</u>	<u>Law / Fire</u>				<u>Law / Fire</u>				<u>Law / Fire</u>				<u>Law / Fire</u>			
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Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Submstr Women (35-39)</u>	<u>Open</u>				<u>Open</u>				<u>Open</u>				<u>Open</u>			
44 kgs.																
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52 kgs.																
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60 kgs.	Leslie Hofheins	130	286.60	9/15/2007	Leslie Hofheins	77.5	170.86	9/15/2007	Leslie Hofheins	147.5	325.18	9/15/2007	Leslie Hofheins	355	782.63	9/15/2007
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Weight Class	Name	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Submstr Women (35-39)</u>	<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>			















