

UTAH STATE BENCH PRESS RECORDS

AS OF: 9/13/2008

Weight Class	Name	Body Weight	Bench		
<u>Women</u>					
	<u>Open</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.	Ambyr Reyes	52	67.5	148.81	9/13/2008
56 kgs.	Leslie Hofheins	55.9	62.5	137.79	12/1/2007
60 kgs.	Tina Puckett	57.9	35.0	77.16	9/15/2007
67.5 kgs.	Shelly Maughan	64.2	45.0	99.21	9/16/2007
75 kgs.	Heather Davidson	72.5	52.5	115.74	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Women</u>					
	<u>Life Time</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.	Ambyr Reyes	52	67.5	148.81	9/13/2008
56 kgs.	Leslie Hofheins	55.9	62.5	137.79	12/1/2007
60 kgs.	Tina Puckett	57.9	35.0	77.16	9/15/2007
67.5 kgs.	Shelly Maughan	64.2	45.0	99.21	9/16/2007
75 kgs.	Heather Davidson	72.5	52.5	115.74	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Women</u>					
	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Girl Teens (12-13)</u>					
			<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.					
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Girl Teens (14-15)</u>					
			<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.					
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Girl Teens (16-17)</u>					
			<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

48 kgs.					
52 kgs.	Ambyr Reyes	51.3	60.0	132.28	9/15/2007
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Girl Teens (18-19)</u>			Kilos	lbs.	Date
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.					
52 kgs.	Ambyr Reyes	52	67.5	148.81	9/13/2008
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Junior Women (20-23)</u>	<u>Open</u>		Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.	Heather Davidson	72.5	52.5	115.74	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Junior Women (20-23)</u>	<u>Life Time</u>		Kilos	lbs.	Date
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.	Heather Davidson	72.5	52.5	115.74	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Junior Women (20-23)</u>	<u>Law / Fire</u>		Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>SubMstr Women (35-39)</u>	<u>Open</u>		Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.	Tina Puckett	57.9	35.0	77.16	9/15/2007
67.5 kgs.					
75 kgs.	Keri Williams	57.4	47.5	104.72	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>SubMstr Women (35-39)</u>	<u>Life Time</u>		Kilos	lbs.	Date
52 kgs.					

UTAH STATE BENCH PRESS RECORDS

AS OF: 9/13/2008

56 kgs.	Leslie Hofheins	55.9	62.5	137.79	12/1/2007
60 kgs.	Tina Puckett	57.9	35.0	77.16	9/15/2007
67.5 kgs.					
75 kgs.	Keri Williams	57.4	47.5	104.72	9/15/2007
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class		Body Weight	Bench		
<u>SubMstr Women (35-39)</u>		<u>Law / Fire</u>	Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
90+ kgs.					
Weight Class		Body Weight	Bench		
<u>Men</u>		<u>Open</u>	Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.	Nick Lenhart	59.6	127.5	281.1	9/16/2006
67.5 kgs.	Josh Gorder	64	115	253.5	9/15/2007
75 kgs.	Brandon Utz	75	110	242.5	12/1/2007
82.5 kgs.	Amir Varedi	82	142.5	314.2	9/13/2008
90 kgs.	Randy Anderson	89.2	165	363.8	9/13/2008
100 kgs.	Jeremy Drecksell	93.6	170.5	375.9	9/13/2008
110 kgs.	Keith Utz	95	142.5	314.2	12/1/2007
125 kgs.	Dennis Shock	120.4	117.5	259.0	9/15/2007
140 kgs.	Kyle Mooseman	136.9	210	463.0	9/16/2006
140+ kgs.	Dave Marchant	157.6	240	529.1	12/4/2006
Weight Class		Body Weight	Bench		
<u>Men</u>		<u>Life Time</u>	Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.	Nick Lenhart	59.6	127.5	281.1	9/16/2006
67.5 kgs.	Josh Gorder	64	115	253.5	9/15/2007
75 kgs.	Brandon Utz	75	110	242.5	12/1/2007
82.5 kgs.	Amir Varedi	82	142.5	314.2	9/13/2008
90 kgs.	Randy Anderson	89.2	165	363.8	9/13/2008
100 kgs.	Jeremy Drecksell	93.6	170.5	375.9	9/13/2008
110 kgs.	Keith Utz	95	145.5	320.8	9/13/2008
125 kgs.	Charles Ledbetter	119.6	115	253.5	9/13/2008
140 kgs.	Kyle Mooseman	136.4	210	463.0	9/16/2006
140+ kgs.	Dave Marchant		240	529.1	12/4/2006
Weight Class		Body Weight	Bench		
<u>Men</u>		<u>Law / Fire</u>	Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.	Dave Marchant		240	529.1	12/4/2006
Weight Class		Body Weight	Bench		
<u>Men</u>		<u>Military</u>	Kilos	lbs.	Date
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Boy Teens (12-13)</u>			<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.					
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.	Parker Mooseman	65.7	30	66.1	9/16/2006
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Boy Teens (14-15)</u>			<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.					
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Boy Teens (16-17)</u>			<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
30 kgs.					
35 kgs.					
40 kgs.					
44 kgs.					
48 kgs.	Hyrum Marchant	48	37.5	82.7	9/17/2005
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.	Craig Cunningham	61.6	97.5	214.9	9/17/2005
75 kgs.					
82.5 kgs.	Ty Hamatake	81.3	102.5	226.0	9/15/2007
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Boy Teens (18-19)</u>			<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
30 kgs.					
35 kgs.					
40 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

44 kgs.					
48 kgs.					
52 kgs.					
56 kgs.					
60 kgs.	Nick Lenhart	59.6	127.5	281.1	9/16/2006
67.5 kgs.	Gabe Thomas	66	65	143.3	9/13/2008
75 kgs.	Brandon Utz	75	110	242.5	12/1/2007
82.5 kgs.	Amir Varedi	81	142.5	314.2	9/13/2008
90 kgs.	Blake Keller	84.7	97.5	214.9	9/15/2007
100 kgs.					
110 kgs.					
125 kgs.	Charles Ledbetter	119.6	115	253.5	9/13/2008
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Junior Men (20-23)</u>	<u>Open</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.	Josh Gorder	64	115	253.5	9/15/2007
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Junior Men (20-23)</u>	<u>Law / Fire</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>SubMstr Men (35-39)</u>	<u>Open</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.	Jeremy Drecksell	94	170.5	375.9	9/13/2008
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>SubMstr Men (35-39)</u>	<u>Life Time</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.	Jeremy Drecksell	94	170.5	375.9	9/13/2008
110 kgs.					
125 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>SubMstr Men (35-39)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (40-44)</u>	<u>Open</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.	Randy Anderson	88.8	165	363.8	9/13/2008
100 kgs.	Keith Utz	99.6	145.5	320.8	9/13/2008
110 kgs.					
125 kgs.					
140 kgs.	Kyle Mooseman	136.9	210	463.0	9/16/2006
140+ kgs.	Dave Marchant		240	529.1	12/4/2006
Weight Class	Name	Body Weight	Bench		
<u>Master Men (40-44)</u>	<u>Life Time</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.	Darren Carr	81.5	152.5	336.2	9/17/2005
90 kgs.	Randy Anderson	88.8	165	363.8	9/13/2008
100 kgs.	Keith Utz	95.6	145.5	320.8	9/13/2008
110 kgs.					
125 kgs.					
140 kgs.	Kyle Mooseman	136.9	210	463.0	9/16/2006
140+ kgs.	Dave Marchant		240	529.1	12/4/2006
Weight Class	Name	Body Weight	Bench		
<u>Master Men (40-44)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.	Dave Marchant		240	529.1	12/4/2006
Weight Class	Name	Body Weight	Bench		
<u>Master Men (45-49)</u>	<u>Open</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.	Steve Fredine	134	155	341.7	9/16/2006
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (45-49)</u>	<u>Life Time</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.	Anothny Gallegos	67.2	112.5	248.0	9/17/2005
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.	Steve Fredine	134	155	341.7	9/16/2006
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (45-49)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (50-54)</u>	<u>Open</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.	Randy Marchant	97.5	152.5	336.2	9/17/2005
110 kgs.					
125 kgs.					
140 kgs.	Steve Fredine	132.3	162.5	358.2	9/13/2008
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (50-54)</u>	<u>Life Time</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.	Steve Fredine	132.3	162.5	358.2	9/13/2008
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (50-54)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (55-59)</u>	<u>Open</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.	Dennis Shock	120.4	117.5	259.0	9/15/2007
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (55-59)</u>	<u>Life Time</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (55-59)</u>	<u>Law / Fire</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (60-64)</u>	<u>Open</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.	Al Zeitlan	81.1	110	242.5	9/15/2007
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.	Ed Acey	114.4	172.5	380.3	9/17/2005
140 kgs.	Dennis Shock	126.6	110	242.5	9/13/2008
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (60-64)</u>	<u>Life Time</u>		<i>Kilos</i>	<i>lbs.</i>	<i>Date</i>
52 kgs.					

AAU UTAH STATE BENCH PRESS RECORDS AS OF: 9/13/2008

56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.	Al Zeitlan	81.1	110	242.5	9/15/2007
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (60-64)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.	Ed Acey	114.4	172.5	380.3	9/17/2005
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (65-69)</u>	<u>Open</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (65-69)</u>	<u>Life Time</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					
Weight Class	Name	Body Weight	Bench		
<u>Master Men (65-69)</u>	<u>Law / Fire</u>		<u>Kilos</u>	<u>lbs.</u>	<u>Date</u>
52 kgs.					
56 kgs.					
60 kgs.					
67.5 kgs.					
75 kgs.					
82.5 kgs.					
90 kgs.					
100 kgs.					
110 kgs.					
125 kgs.					
140 kgs.					
140+ kgs.					