

AAU Utah State Powerlifting Records as of 9/13/2008

Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date	
90 kgs.																		
90+ kgs.																		
<u>Girl Teens (18-19)</u>																		
30 kgs.																		
35 kgs.																		
40 kgs.																		
44 kgs.																		
48 kgs.																		
52 kgs.																		
56 kgs.																		
60 kgs.																		
67.5 kgs.																		
75 kgs.																		
82.5 kgs.																		
90 kgs.																		
90+ kgs.																		
<u>Junior Women (20-23)</u>																		
44 kgs.																		
48 kgs.																		
52 kgs.																		
56 kgs.																		
60 kgs.																		
67.5 kgs.																		
75 kgs.	Heather Davidson	72.5	100.0	220.46	9/15/2007	Heather Davidson	52.5	115.74	9/15/2007	Heather Davidson	132.5	292.11	9/15/2007	Heather Davidson	285.0	628.31	9/15/2007	
82.5 kgs.																		
90 kgs.																		
90+ kgs.																		
<u>Junior Women (20-23)</u>																		
44 kgs.																		
48 kgs.																		
52 kgs.																		
56 kgs.																		
60 kgs.																		
67.5 kgs.																		
75 kgs.																		
82.5 kgs.																		
90 kgs.																		
90+ kgs.																		
<u>Submstr Women (35-39)</u>																		
44 kgs.																		
48 kgs.																		
52 kgs.																		
56 kgs.	Leslie Hofheins	55.9	103.5	228.18	12/1/2007	Leslie Hofheins	62.5	137.79	12/1/2007	Leslie Hofheins	115.0	253.53	12/1/2007	Leslie Hofheins	281.0	619.49	12/1/2007	
60 kgs.	Tina Puckett	57.9	50.0	110.23	9/15/2007	Tina Puckett	35.0	77.16	9/15/2007	Tina Puckett	80.0	176.37	9/15/2007	Tina Puckett	165.0	363.76	9/15/2007	

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67.5 kgs.																	
75 kgs.																	
82.5 kgs.																	
90 kgs.																	
90+ kgs.																	
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Submstr Women (35-39)</u>		<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>				<u>Lifetime</u>			
44 kgs.																	
48 kgs.																	
52 kgs.																	
56 kgs.																	
60 kgs.	Tina Puckett	57.9	50.0	110.23	9/15/2007	Tina Puckett	35.0	77.16	9/15/2007	Tina Puckett	80.0	176.37	9/15/2007	Tina Puckett	165.0	363.76	9/15/2007
67.5 kgs.																	
75 kgs.																	
82.5 kgs.																	
90 kgs.																	
90+ kgs.																	
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Mstr Women (40-44)</u>		<u>Open</u>				<u>Open</u>				<u>Open</u>				<u>Open</u>			
44 kgs.																	
48 kgs.																	
52 kgs.																	
56 kgs.																	
60 kgs.																	
67.5 kgs.																	
75 kgs.																	
82.5 kgs.																	
90 kgs.																	
90+ kgs.																	
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Men</u>		<u>Open</u>				<u>Open</u>				<u>Open</u>				<u>Open</u>			
52 kgs.																	
56 kgs.																	
60 kgs.	Nick Lenhart	59.6	135.0	297.62	9/16/2006	Nick Lenhart	127.5	281.09	9/16/2006	Nick Lenhart	192.5	424.39	9/16/2006	Nick Lenhart	443.0	976.64	9/16/2006
67.5 kgs.	Gabe Thomas	66	92.5	203.93	9/13/2008	Gabe Thomas	65	143.30	9/13/2008	Gabe Thomas	155	341.71	9/13/2008	Gabe Thomas	312.5	688.94	9/13/2008
75 kgs.	Neil Call	74.6	167.5	369.27	6/10/2006	Neil Call	115.0	253.53	6/10/2006	Neil Call	182.5	402.34	6/10/2006	Neil Call	465.0	1025.14	6/10/2006
82.5 kgs.	Amir Varedi	82	205.0	451.94	9/13/2008	Amir Varedi	142.5	314.16	9/13/2008	Amir Varedi	227.5	501.55	9/13/2008	Amir Varedi	575.0	1267.65	9/13/2008
90 kgs.	Al Zeitlan	89.5	192.5	424.39	9/16/2006	Kirk Waldron	140.0	308.64	9/17/2005	Al Zeitlan	202.5	446.43	9/16/2006	Kirk Waldron	515.0	1135.37	9/17/2005
100 kgs.	Jeremy Drecksell	94	242.5	534.62	9/13/2008	Jeremy Drecksell	170.5	375.88	9/13/2008	Jeremy Drecksell	283.0	623.90	9/13/2008	Jeremy Drecksell	695.0	1532.20	9/13/2008
110 kgs.	Anthony Plachy	104	150.0	330.69	9/17/2005	Another Plachy	142.5	314.16	9/17/2005	Another Plachy	210.0	462.97	9/17/2005	Another Plachy	502.5	1107.81	9/17/2005
125 kgs.	Dennis Shock	120.4	205.0	451.94	9/15/2007	Dennis Shock	117.5	259.04	9/15/2007	Dennis Shock	200.0	440.92	9/15/2007	Dennis Shock	522.5	1151.90	9/15/2007
140 kgs.	Dennis Shock	127.4	205.0	451.94	9/17/2005	Dennis Shock	137.5	303.13	9/17/2005	Dennis Shock	210.0	462.97	9/17/2005	Dennis Shock	547.5	1207.02	9/17/2005
140+ kgs.	Dave Marchant	159.5	242.5	534.62	6/10/2006	Dave Marchant	238.0	524.69	6/10/2006	Dave Marchant	235.0	518.08	6/10/2006	Dave Marchant	715.0	1576.29	6/10/2006
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Men</u>		<u>Open Lifetime</u>				<u>Open Lifetime</u>				<u>Open Lifetime</u>				<u>Open Lifetime</u>			
52 kgs.																	
56 kgs.																	
60 kgs.	Nick Lenhart	59.6	135.0	297.62	9/16/2006	Nick Lenhart	127.5	281.09	9/16/2006	Nick Lenhart	192.5	424.39	9/16/2006	Nick Lenhart	443.0	976.64	9/16/2006

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125 kgs.																	
140 kgs.																	
140+ kgs.																	
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<u>SubMaster (35-39)</u>	<u>Military</u>					<u>Military</u>				<u>Military</u>				<u>Military</u>			
52 kgs.																	
56 kgs.																	
60 kgs.																	
67.5 kgs.																	
75 kgs.																	
82.5 kgs.																	
90 kgs.																	
100 kgs.																	
110 kgs.																	
125 kgs.																	
140 kgs.																	
140+ kgs.																	
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<u>Masters (40-44)</u>	<u>Open</u>					<u>Open</u>				<u>Open</u>				<u>Open</u>			
52 kgs.																	
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125 kgs.																	
140 kgs.																	
140+ kgs.	Dave Marchant	159.5	242.5	534.62	6/10/2006	Dave Marchant	238.0	524.69	6/10/2006	Dave Marchant	235.0	518.08	6/10/2006	Dave Marchant	715.0	1576.29	6/10/2006
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Masters (40-44)</u>	<u>Life Time</u>					<u>Life Time</u>				<u>Life Time</u>				<u>Life Time</u>			
52 kgs.																	
56 kgs.																	
60 kgs.																	
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140+ kgs.	Dave Marchant	159.5	242.5	534.62	6/10/2006	Dave Marchant	238.0	524.69	6/10/2006	Dave Marchant	235.0	518.08	6/10/2006	Dave Marchant	715.0	1576.29	6/10/2006
Weight Class	Name	Body Weight	SQUAT Kilos	SQUAT lbs.	Date	Name	Bench Kilos	Press lbs.	Date	Name	Dead Kilos	Lift lbs.	Date	Name	Combined Kilos	Total lbs.	Date
<u>Masters (40-44)</u>	<u>Law / Fire</u>					<u>Law / Fire</u>				<u>Law / Fire</u>				<u>Law / Fire</u>			

