APF Women's Divisions

Utah State Powerlifting Records

As of: 9/16/2008

						Womens	***44 kgs.***	***97 lbs.***									
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open																
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	***48 kgs.***	***105.7 lbs.***								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open																
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	***52 kgs.***	***114.5 lbs.***								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open																
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																

APF Women's Divisions

Utah State Powerlifting Records

As of: 9/16/2008

						Womens	*56 kgs.*	*123.5 lbs.*								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open	J. Yamashita	132.5	292.11	4/10/2004	J. Yamashita	82.5	181.88	4/10/2004	J. Yamashita	165	363.76	4/10/2004	J. Yamashita	380	837.75	4/10/2004
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	*60 kgs.*	*132.2 lbs.*								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open	L. Hofheins	117.5	259.04	4/1/2006	L. Hofheins	62.5	137.79	4/1/2006	L. Hofheins	140	308.64	4/1/2006	L. Hofheins	320	705.47	4/1/2006
Sub Masters 33 - 39	L. Hofheins	117.5	259.04	4/1/2006	L. Hofheins	62.5	137.79	4/1/2006	L. Hofheins	140	308.64	4/1/2006	L. Hofheins	320	705.47	4/1/2006
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	*67.5 kgs.*	*148.7 lbs.*								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open																
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																

APF Women's Divisions

Utah State Powerlifting Records

As of: 9/16/2008

						Womens	75 kgs.	165.2 lbs.								
Division	**Squat**	**Kilos**	**lbs**	**Date**	**Bench Press**	**Kilos**	**lbs**	**Date**	**Deadlift**	**Kilos**	**lbs**	**Date**	**Total**	**Kilos**	**lbs**	**Date**
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open	J. Tripp	80	176.37	4/5/2008	J. Tripp	90	198.41	4/5/2008	J. Tripp	137.5	303.13	4/5/2008	J. Tripp	307.5	677.91	4/5/2008
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	82.5 kgs.	181.7 lbs.								
Division	**Squat**	**Kilos**	**lbs**	**Date**	**Bench Press**	**Kilos**	**lbs**	**Date**	**Deadlift**	**Kilos**	**lbs**	**Date**	**Total**	**Kilos**	**lbs**	**Date**
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open									K. Bates	90	198.41	4/1/2006	K. Bates	90	198.41	4/1/2006
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																
						Womens	90 kgs.	198.2 lbs.								
Division	**Squat**	**Kilos**	**lbs**	**Date**	**Bench Press**	**Kilos**	**lbs**	**Date**	**Deadlift**	**Kilos**	**lbs**	**Date**	**Total**	**Kilos**	**lbs**	**Date**
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
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Open																
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																

APF Women's Divisions

Utah State Powerlifting Records

As of: 9/16/2008

						Womens	*90 + kgs.*	*Unlimited*								
Division	***Squat***	***Kilos***	***lbs***	***Date***	***Bench Press***	***Kilos***	***lbs***	***Date***	***Deadlift***	***Kilos***	***lbs***	***Date***	***Total***	***Kilos***	***lbs***	***Date***
Teen 13 - 15																
Teen 16 - 17																
Teen 18 - 19																
Juniors 20 - 23																
Open	H. Gibson	137.5	303.13	4/1/2006	H. Gibson	97.5	214.95	4/1/2006	H. Gibson	120	264.55	4/1/2006	H. Gibson	235	518.08	4/1/2006
Sub Masters 33 - 39																
Masters 40 - 44																
Masters 45 - 49																
Masters 50 - 54																
Masters 55 - 59																
Masters 60 - 64																
Masters 65 - 69																