

**Utah State Bench Press Records
(Single Lift)**

<u>Division</u>	<u>Bench Press</u>	<u>Men Kilos</u>	<u>52 kgs. lbs</u>	<u>114.5 lbs. Date</u>
Pure				
Pure Novice				
Open				
High School				
Teenage				
Juniors				
Intermediate				
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
<u>Division</u>	<u>Bench Press</u>	<u>Men Kilos</u>	<u>56 kgs. lbs</u>	<u>123.5 lbs. Date</u>
Pure				
Pure Novice				
Open				
High School				
Teenage				
Juniors				
Intermediate				
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
<u>Division</u>	<u>Bench Press</u>	<u>Men Kilos</u>	<u>60 kgs. lbs</u>	<u>132.2 lbs. Date</u>
Pure	N. Lenhart	142.5	314.16	6/16/2007
Pure Novice	N. Lenhart	122.5	270.06	6/17/2006
Open	N. Lenhart	142.5	314.16	6/16/2007
High School	N. Lenhart	122.5	270.06	6/17/2006
Teenage	N. Lenhart	122.5	270.06	6/17/2006
Juniors	N. Lenhart	122.5	270.06	6/17/2006
Intermediate	N. Lenhart	142.5	314.16	6/16/2007
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				

**Utah State Bench Press Records
(Single Lift)**

Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
		Men	67.5 kgs.	148.7 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure	D. Edmondson	151	332.89	6/17/2006
Pure Novice	S. Westwood	145	319.67	6/16/2007
Open	D. Edmondson	151	332.89	6/17/2006
High School				
Teenage				
Juniors				
Intermediate	S. Westwood	145	319.67	6/16/2007
Special Olympics				
Police/Fire	D. Edmondson	151	332.89	6/17/2006
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1	D. Edmondson	151	332.89	6/17/2006
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)	D. Edmondson	151	332.89	6/17/2006
		Men	75 kgs.	165.2 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure				
Pure Novice				
Open				
High School				
Teenage				
Juniors				
Intermediate				
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
		Men	82.5 kgs.	181.7 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure	J. Cunningham	177.5	391.32	6/17/2006
Pure Novice	J. Cunningham	177.5	391.32	6/17/2006
Open	J. Cunningham	177.5	391.32	6/17/2006
High School				
Teenage	J. Gibson	75	165.35	6/17/2006
Juniors	J. Gibson	75	165.35	6/17/2006
Intermediate				

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Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1	J. Cunningham	177.5	391.32	6/17/2006
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)	J. Cunningham	177.5	391.32	6/17/2006
		Men	90 kgs.	198.2 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure				
Pure Novice				
Open				
High School				
Teenage				
Juniors				
Intermediate				
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
		Men	100 kgs.	220 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure				
Pure Novice				
Open				
High School				
Teenage				
Juniors				
Intermediate				
Special Olympics				
Police/Fire				
Sub Masters -1				
Sub Masters -2				
Sub Masters Pure				
Masters - 1				
Masters - 2				
Masters - 3				
Masters - 4				
Masters - 5 (Pure)				
		Men	110 kgs.	242 lbs.
<u>Division</u>	<u>Bench Press</u>	<u>Kilos</u>	<u>lbs</u>	<u>Date</u>
Pure	J. Gibson	232.5	512.57	6/17/2006

NASA
Utah State Bench Press Records
(Single Lift)

<i>Masters - 2</i>				
<i>Masters - 3</i>				
<i>Masters - 4</i>				
<i>Masters - 5 (Pure)</i>				
		<i>Men</i>	<i>140 + kgs.</i>	<i>Unlimited</i>
<u><i>Division</i></u>	<u><i>Bench Press</i></u>	<u><i>Kilos</i></u>	<u><i>lbs</i></u>	<u><i>Date</i></u>
<i>Pure</i>				
<i>Pure Novice</i>				
<i>Open</i>				
<i>High School</i>				
<i>Teenage</i>				
<i>Juniors</i>				
<i>Intermediate</i>				
<i>Special Olympics</i>				
<i>Police/Fire</i>				
<i>Sub Masters -1</i>				
<i>Sub Masters -2</i>				
<i>Sub Masters Pure</i>				
<i>Masters - 1</i>				
<i>Masters - 2</i>				
<i>Masters - 3</i>				
<i>Masters - 4</i>				
<i>Masters - 5 (Pure)</i>				