

**UTAH STATE BENCH PRESS RECORDS**

Men's Single Lift Bench Press: Open Men						
60kg/132 lbs.	130	kgs.	286.5	lbs.	NICK LENHART	4/14/2007
67.5kg/148 lbs.	162.5	kgs.	358	lbs.	BRAD MONTAGUE	6/25/2004
75kg/165 lbs.	172.5	kgs.	380.2	lbs.	ERIC MILLBURN	6/25/2004
82.5kg/181 lbs.	228	kgs.	502.5	lbs.	ERIC MILLBURN	6/25/2005
90kg/198 lbs.	245	kgs.	540	lbs.	ERIC MILLBURN	5/13/2006
100kg/220 lbs	235	kgs.	518	lbs.	SCOTT MECHAM	6/25/2005
110kg/242 lbs.	247.5	kgs.	545.5	lbs.	MIKE CORDOVA	11/19/2005
117.5kg/259 lbs	272.5	kgs.	600.7	lbs.	CARL ROGERS	6/25/2004
125kg/275 lbs.	275	kgs.	606.2	lbs.	JASON GIBSON	4/14/2007
140kg/308 lbs.	295	kgs.	650.2	lbs.	JIM SCHERMERHORN	12/13/2003
140+kg/SUPER	322.5	kgs.	710.7	lbs.	DAVE MARCHANT	5/13/2006
Men's Single Lift Bench Press: Class 1 Men						
60kg/132 lbs.	145	kgs.	319.5	lbs.	NICK LENHART	11/19/2007
67.5kg/148 lbs.	130	kgs.	286.5	lbs.	IAN MANUEL CORPUS	12/9/2003
75kg/165 lbs.	140	kgs.	308.5	lbs.	KENNY ROTHE	11/14/2002
82.5kg/181 lbs.	182.5	kgs.	402.2	lbs.	WAYNE MARTINEZ	4/14/2007
90kg/198 lbs.	200	kgs.	440.7	lbs.	ERNEST REYES	11/20/2006
100kg/220 lbs.	200	kgs.	440.7	lbs.	SEAN OLSEN	6/28/2003
110kg/242 lbs.	225	kgs.	496	lbs.	JASON GIBSON	12/9/2003
117.5kg/259 lbs	207.5	kgs.	457.2	lbs.	MIKE BLANKENSHIP	8/11/2007
125kg/275 lbs.	230	kgs.	507	lbs.	KYLE MOOSMANN	6/28/2003
140kg/308 lbs.	250.5	kgs.	552.1	lbs.	CARL WIMMER	8/11/2007
140+kg/SUPER	265	kgs.	584	lbs.	BRAD TRIPP	6/25/2005
Men's Single Lift Bench Press: Teen Men 12-13						
56kg/123 lbs.	70	kgs.	154.2	lbs.	TRE MARTINEZ	4/14/2007
75kg/165 lbs.	80	kgs.	176.2	lbs.	JORDAN GIBSON	5/13/2006
82.5kg/181 lbs.	87.5	kgs.	192.7	lbs.	JORDAN GIBSON	8/19/2006
90kg/198 lbs.	92.5	kgs.	203.7	lbs.	JORDAN GIBSON	11/19/2006
100kg/220 lbs.	125	kgs.	275.5	lbs.	JORDAN GIBSON	4/14/2007
Men's Single Lift Bench Press: Teen Men 14-15						
44kg/97 lbs.	27.5	kgs.	60.5	lbs.	HYRUM MARCHANT	6/28/2003
48kg/105 lbs.	72.5	kgs.	159.7	lbs.	SARKIS KARAPETYAN	6/28/2003
52kg/114 lbs.	67.5	kgs.	148.7	lbs.	SARKIS KARAPETYAN	4/9/2000
56kg/123 lbs.	65	kgs.	143.2	lbs.	SANDESH PYAKUREL	12/13/2003
60kg/132 lbs.	100	kgs.	220.2	lbs.	BRYANT WATSON	6/28/2003
67.5kg/148 lbs.	100	kgs.	220.2	lbs.	CHRIS MARTINEZ	4/14/2007
75kg/165 lbs.	70	kgs.	154.2	lbs.	JOSEPH MARCHANT	4/26/2003
Men's Single Lift Bench Press: Teen Men 16-19						
56kg/123 lbs.	95	kgs.	209.2	lbs.	SARKIS KARAPETYAN	6/25/2004
60kg/132 lbs.	130	kgs.	286.5	lbs.	NICK LENHART	11/19/2006
67.5kg/148 lbs.	120	kgs.	264.5	lbs.	BRYANT WATSON	6/25/2004
75kg/165 lbs.	172.5	kgs.	380.2	lbs.	ERIC MILLBURN	6/25/2004
82.5kg/181 lbs	192.5	kgs.	424.2	lbs.	ERIC MILLBURN	6/25/2005

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90kg/198 lbs.	242.5	kgs.	534.5	lbs.	ERIC MILLBURN	11/20/2005
100kg/220 lbs.	165	kgs.	363.7	lbs.	KALEB CRAFTS	11/16/2002
110kg/242 lbs.	237.5	kgs.	523.5	lbs.	JOSEPH TRUNZO	11/14/2004
<b>Men's Single Lift Bench Press: Junior Men 20-25</b>						
60kg/132 lbs.	145	kgs.	319.5	lbs.	NICK LENHART	11/19/2007
67.5kg/148 lbs.	170	kgs.	380.2	lbs.	MARTIN CAIN	11/19/2001
75kg/165 lbs.	145	kgs.	319.5	lbs.	AMMON STEPHENS	6/28/2003
82.5kg/181 lbs	137.5	kgs.	303	lbs.	JONATHAN OLSON	11/19/2006
90kg/198 lbs.	245	kgs.	540	lbs.	ERIC MILLBURN	5/13/2006
100kg/220 lbs.	210	kgs.	462.7	lbs.	SCOTT MECHAM	12/11/2003
110kg/242 lbs.	170	kgs.	374.7	lbs.	ANTHONY PLACHY	5/13/2006
117.5kg/259 lbs	200	kgs.	440.7	lbs.	TYLER NELSON	4/14/2007
125kg/275 lbs.	182.5	kgs.	402.2	lbs.	TODD COWLEY	4/26/2003
140kg/308 lbs.	155	kgs.	341.5	lbs.	TYLER ROESSLER	4/14/2007
140+kg/SUPER	217.5	kgs.	479.5	lbs.	NATHAN BAPTIST	11/19/2006
<b>Men's Single Lift Bench Press: Submaster Men 33-39</b>						
60kg/132 lbs.	95	kgs.	209.2	lbs.	DARREN CARTER	6/28/2003
67.5kg/148 lbs.	162.5	kgs.	358	lbs.	BRAD MONTAGUE	6/25/2004
75kg/165 lbs.	137.5	kgs.	303	lbs.	MICHAEL HAYNES	11/16/2002
82.5kg/181 lbs.	205.5	kgs.	452.8	lbs.	JON CUNNINGHAM	12/12/2003
90kg/198 lbs.	185	kgs.	407.7	lbs.	JEREMY DRECKSEL	4/14/2007
100kg/220 lbs	207.5	kgs.	457.2	lbs.	PRUSS ANDERSON	6/25/2005
110kg/242 lbs.	182.5	kgs.	402.2	lbs.	ROBERT BILLS	6/25/2004
117.5kg/259 lbs	272.5	kgs.	600.7	lbs.	CARL ROGERS	6/25/2004
125kg/275 lbs.	275	kgs.	606.2	lbs.	JASON GIBSON	4/14/2007
140kg/308 lbs.	272.5	kgs.	600.7	lbs.	JIM SCHERMERHORN	11/16/2002
140+kg/SUPER	272.5	kgs.	600.7	lbs.	DAVE MARCHANT	11/17/2002
<b>Men's Single Lift Bench Press: Master Men 40-46</b>						
60kg/132 lbs.	100	kgs.	220.2	lbs.	PAUL WACH	4/14/2007
75kg/165 lbs.	145	kgs.	319	lbs.	DAVID EDMONDSON	4/14/2007
82.5kg/181 lbs.	217.5	kgs.	497.1	lbs.	JON CUNNINGHAM	11/18/2006
90kg/198 lbs.	182.5	kgs.	402.2	lbs.	RAY CLIFT	4/14/2007
100kg/220 lbs	210	kgs.	462.7	lbs.	JEFF ALVARI	11/18/2006
110kg/242 lbs.	227.5	kgs.	501.5	lbs.	JEFF ALVARI	11/17/2007
125kg/275 lbs.	272.5	kgs.	600.7	lbs.	CARL ROGERS	6/25/2005
140kg/308 lbs.	295	kgs.	650.2	lbs.	JIM SCHERMERHORN	12/13/2003
140+kg/SUPER	328	kgs.	723.1	lbs.	DAVE MARCHANT	4/14/2007
<b>Men's Single Lift Bench Press: Master Men 47-53</b>						
90kg/198 lbs.	202.5	kgs.	446.2	lbs.	ERNEST REYES	4/14/2007
100kg/220 lbs	187.5	kgs.	413.2	lbs.	CHAD DRECKSEL	11/17/2006
110kg/242 lbs.	195	kgs.	429.7	lbs.	MIKE BENNETT	5/13/2006
117.5kg/259 lbs	200	kgs.	440.7	lbs.	GIL ANDERSON	6/25/2005
125kg/275 lbs.	210	kgs.	468.2	lbs.	KEN EYRE	11/12/2004
140kg/308 lbs.	210	kgs.	468.2	lbs.	KEN EYRE	4/14/2007

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140+kg/SUPER	213	kgs.	469.3	lbs.	MAARTEN ROELOFS	5/13/2006
<b>Men's Single Lift Bench Press: Master Men 54-60</b>						
75kg/165 lbs.	132.5	kgs.	292	lbs.	STEFAN LEMIRE	6/25/2004
90kg/198 lbs.	147.5	kgs.	325	lbs.	RANDY MARCHANT	7/30/2005
100kg/220 lbs	192.5	kgs.	424.2	lbs.	RANDY MARCHANT	5/13/2006
110kg/242 lbs.	200	kgs.	440.7	lbs.	RANDY MARCHANT	4/14/2007
117.5kg/259 lbs	192.5	kgs.	424.2	lbs.	ED ACEY	8/2/2003
125kg/275 lbs.	197.5	kgs.	435.2	lbs.	ED ACEY	8/31/2002
140kg/308 lbs.	142.5	kgs.	314	lbs.	MANNY HERRERA	6/28/2003
<b>Men's Single Lift Bench Press: Master Men 61-67</b>						
82.5kg/181 lbs.	115	kgs.	253.5	lbs.	EARL BEARDALL	8/31/2002
117.5kg/259 lbs	200	kgs.	440.7	lbs.	ED ACEY	11/15/2006
140kg/308 lbs.	192.5	kgs.	424.2	lbs.	MANNY HERRERA	8/6/2005
<b>Men's Single Lift Bench Press: Law Enforcement/Firemen Open</b>						
67.5kg/148 lbs.	155	kgs.	341.5	lbs.	DAVID EDMONDSON	11/17/2005
82.5kg/181 lbs.	192.5	kgs.	424.2	lbs.	DARREN CARR	11/17/2005
110kg/242 lbs.	192.5	kgs.	424.2	lbs.	TIM PRINCE	11/11/2004
117.5kg/259 lbs	217.5	kgs.	479.5	lbs.	TIM PRINCE	4/14/2007
125kg/275 lbs.	240	kgs.	529	lbs.	CARL WIMMER	11/16/2006
140kg/308 lbs.	250.5	kgs.	552.1	lbs.	CARL WIMMER	8/11/2007
<b>Men's Single Lift Bench Press: Law Enforcement/Firemen Submaster 33-39</b>						
100kg/220 lbs	175	kgs.	385.7	lbs.	RODGER BROOME	4/26/2003
110kg/242 lbs.	172.5	kgs.	380.2	lbs.	DAVID JOYNER	6/28/2003
117.5kg/259 lbs	185.5	kgs.	408.8	lbs.	LANCE DAVIS	6/25/2005
125kg/275 lbs.	150	kgs.	330.5	lbs.	LANCE DAVIS	4/26/2003
140+kg/SUPER	252.5	kgs.	556.5	lbs.	DAVE MARCHANT	11/17/2001
<b>Men's Single Lift Bench Press: Law Enforcement/Firemen Master 40-47</b>						
67.5kg/148 lbs.	155	kgs.	341.5	lbs.	DAVID EDMONDSON	11/16/2005
75kg/165 lbs.	145	kgs.	319	lbs.	DAVID EDMONDSON	4/14/2007
82.5kg/181 lbs.	197.5	kgs.	435.2	lbs.	DARREN CARR	4/14/2007
125kg/275 lbs.	210	kgs.	468.2	lbs.	KEN EYRE	11/10/2004
140+kg/SUPER	328	kgs.	723.1	lbs.	DAVE MARCHANT	4/14/2007
<b>Men's Single Lift Bench Press: Law Enforcement/Firemen Master 48-55</b>						
117.5kg/259 lbs	240	kgs.	429.7	lbs.	ED ACEY	11/10/2004
125kg/275 lbs.	197.5	kgs.	435.2	lbs.	ED ACEY	8/31/2002
140kg/308 lbs.	210	kgs.	468.2	lbs.	KEN EYRE	4/14/2007
<b>Women's Single Lift Bench Press Open Women</b>						
52kg/114 lbs.	82.5	kgs.	181.7	lbs.	HEDY MILLER	5/13/2006
56kg/123 lbs.	92.5	kgs.	203.7	lbs.	JILL YAMASHITA	11/14/2004

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60kg/132 lbs.	78	kgs.	171.7	lbs.	LESLIE HOFHEINS	4/14/2007
67.5kg/148 lbs	60	kgs.	132.2	lbs.	JONIKA BLANKE	6/25/2005
75kg/165 lbs	52.5	kgs.	115.5	lbs.	JILL STRUCK	5/13/2006
82.5kg/181 lbs	60	kgs.	132.2	lbs.	HEATHER GIBSON	6/28/2003
90kg/198 lbs.	92.5	kgs.	203.7	lbs.	HEATHER GIBSON	11/19/2006
90+kg/198+ lbs.	142.5	kgs.	314	lbs.	DAWN RICHARDS	11/15/2007
<b>Women's Single Lift Bench Press Teen Women 14-15</b>						
44kg/97 lbs.	52.5	kgs.	115.5	lbs.	GERI CUNNINGHAM	4/14/2007
<b>Women's Single Lift Bench Press Teen Women 16-17</b>						
52kg/114 lbs.	75	kgs.	165.2	lbs.	AMBYR REYES	11/18/2007
<b>Women's Single Lift Bench Press Teen Women 18-19</b>						
44kg/97 lbs.	42.5	kgs.	93.5	lbs.	AMANDA ANDERSON	6/25/2004
52kg/114 lbs.	65	kgs.	143.2	lbs.	CASSIE EMBRY	11/18/2007
67.5kg/148 lbs.	62.5	kgs.	137.7	lbs.	MADISON KLINT	6/28/2003
90kg/198 lbs.	70	kgs.	154.2	lbs.	SELITA NONU	4/26/2003
<b>Women's Single Lift Bench Press Junior Women 20-23</b>						
75kg/165 lbs.	55	kgs.	121.2	lbs.	HEATHER DAVIDSON	4/14/2007
<b>Women's Single Lift Bench Press Sub Master Women 33-39</b>						
60kg/132 lbs.	77.5	kgs.	171.8	lbs.	LESLIE HOFHEINS	4/14/2007
<b>Women's Single Lift Bench Press Master Women 40-46</b>						
67.5kg/148 lbs.	47.5	kgs.	104.5	lbs.	JULIE TIPPETS	12/13/2003
<b>Women's Single Lift Bench Press Master Women 47-53</b>						
52kg/114 lbs.	82.5	kgs.	181.7	lbs.	HEDY MILLER	5/13/2006
75kg/165 lbs.	67.5	kgs.	148.7	lbs.	JILL STRUCK	11/17/2006
90kg/198 lbs.	45	kgs.	99	lbs.	LAURA CUNNINGHAM	5/13/2006
90+kg/198+ lbs.	75	kgs.	165.2	lbs.	CINDY MC CAW	4/14/2007
<b>Women's Single Lift Bench Press Master Women 54-60</b>						
52kg/114 lbs.	87.5	kgs.	192.7	lbs.	HEDY MILLER	11/15/2006