

AAU
PEACH DAYS POWERLIFTING -- BENCH PRESS and DEADLIFT CHAMPIONSHIPS
MEET RESULTS
9/15/2007

Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	State Record	American Record
<u>Women</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
56 kgs.																	
60 kgs.	Leslie Hofheins	60	1.1149	117.5	130.0	137.5		72.5	77.5	82.5			140	147.5	165	355.0	YES
67.5 kgs.	Christy Danielson	64.1	1.0601	70.0	80.0	87.5	97.5	50	57.5	57.5			112.5	127.5	137.5	272.5	YES
<u>Women</u>		<u>Lifetime</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
56 kgs.																	
60 kgs.	Leslie Hofheins	60	1.1149	117.5	130.0	137.5		72.5	77.5	82.5			140	147.5	165	355.0	YES
67.5 kgs.	Christy Danielson	64.1	1.0601	70.0	80.0	87.5	97.5	50	57.5	57.5			112.5	127.5	137.5	272.5	YES
<u>Submstr Women (35-39)</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
56 kgs.																	
60 kgs.	Leslie Hofheins	60	1.1149	117.5	130.0	137.5		72.5	77.5	82.5			140	147.5	165	355.0	YES
<u>Submstr Women (35-39)</u>		<u>Lifetime</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	117.5	130.0	137.5		72.5	77.5	82.5			140	147.5	165	272.5	YES
RED = Missed Attempt																	
BLUE = STATE RECORDS																	
BLUE -- Highlighted = AAU American Records																	
Blue -- Highlighted + .500 gram chips were used for records																	
Best Lifter -- Women -- Leslie Hofheins																	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	State Record	American Record
<u>Women</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	-----	-----	-----	-----	72.5	77.5	82.5			-----	-----	-----		YES
<u>Women</u>		<u>Life Time</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	-----	-----	-----	-----	72.5	77.5	82.5			-----	-----	-----		YES
<u>SubMstr Women (35-39)</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	-----	-----	-----	-----	72.5	77.5	82.5			-----	-----	-----		YES
67.5 kgs.				-----	-----	-----	-----	-----	-----	-----	-----		-----	-----	-----		
<u>SubMstr Women (35-39)</u>		<u>Life Time</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	-----	-----	-----	-----	72.5	77.5	82.5			-----	-----	-----		YES
<u>Men</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
82.5	Jon Cunningham W.G.M.	82	0.6724	-----	-----	-----	-----	210	217.5	227.5	230		-----	-----	-----		YES
	Bob Cowles	89.1	0.6471	-----	-----	-----	-----	132.5	145	150			-----	-----	-----		
125	Ed Acey	116.2	0.5795	-----	-----	-----	-----	145	185	192.5			-----	-----	-----		YES
<u>Men</u>		<u>Life Time</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
82.5	Jon Cunningham W.G.M.	82	0.6724	-----	-----	-----	-----	210	217.5	227.5	230		-----	-----	-----		YES
	Bob Cowles	89.1	0.6471	-----	-----	-----	-----	132.5	145	150			-----	-----	-----		
125	Ed Acey	116.2	0.5795	-----	-----	-----	-----	145	185	192.5			-----	-----	-----		YES
<u>Master Men (40-44)</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
82.5 kgs.	Jon Cunningham W.G.M.	82	0.6724	-----	-----	-----	-----	210	217.5	227.5	230		-----	-----	-----		YES
<u>Master Men (40-44)</u>		<u>Life Time</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
82.5 kgs.	Jon Cunningham W.G.M.	82	0.6724	-----	-----	-----	-----	210	217.5	227.5	230		-----	-----	-----		YES
<u>Master Men (45-49)</u>		<u>Open</u>		1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
90 kgs.	Bob Cowles	89.1	0.6471	-----	-----	-----	-----	132.5	145	150			-----	-----	-----		

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Master Men (45-49)	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
90 kgs.	Bob Cowles	89.1	0.6471	----	----	----	----	132.5	145	150			----	----	----		
Master Men (55-59)	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
140+ kgs.	Pete Herdt	165.6	0.5454	----	----	----	----	190	207.5	210			----	----	----		
Master Men (55-59)	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
140+ kgs.	Pete Herdt	165.6	0.5454	----	----	----	----	190	207.5	210			----	----	----		
Master Men (60-64)	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		YES
125 kgs.	Ed Acey	116.2	0.5795	----	----	----	----	145	185	192.5			----	----	----		
Master Men (60-64)	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
125 kgs.	Ed Acey	116.2	0.5795	----	----	----	----	145	185	192.5			----	----	----		
Master Men (60-64)	Law / Fire			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	YES	YES
125 kgs.	Ed Acey	116.2	0.5795	----	----	----	----	145	185	192.5			----	----	----	YES	YES
RED = Missed Attempt																	
BLUE = STATE RECORDS																	
BLUE -- Highlighted = AAU American Records																	
Blue -- Highlighted + .500 gram chips were used for records																	
Best Bench Press Lifter ---- Women -- Leslie Hofheins																	
Best Bench Press Lifter ---- Open -- Jon Cunningham																	
Best Bench Press Lifter ---- Master -- Ed Acey																	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead Lift Total			State Record	American Record
Women	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	----	----	----	----	----	----	----	----		140	147.5	165		YES
67.5 kgs.	Christy Danielson	64.1	1.0601	----	----	----	----	----	----	----	----		112.5	127.5	137.5		YES
Women	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofheins	60	1.1149	----	----	----	----	----	----	----	----		140	147.5	165		YES
67.5 kgs.	Christy Danielson	64.1	1.0601	----	----	----	----	----	----	----	----		112.5	127.5	137.5		YES
SubMstr Women (35-39)	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofhiens	60	1.1149	----	----	----	----	----	----	----	----		140	147.5	165		YES
SubMstr Women (35-39)	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
60 kgs.	Leslie Hofhiens	60	1.1149	----	----	----	----	----	----	----	----		140	147.5	165		YES
Men	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
125	Bud Davis	111	0.5869	----	----	----	----	----	----	----	----		227.5	250	272.5		
Men	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
125	Bud Davis	111	0.5869	----	----	----	----	----	----	----	----		227.5	250	272.5		
Master Men (60-64)	Open			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
125 kgs.	Bud Davis	111	0.5869	----	----	----	----	----	----	----	----		227.5	250	272.5		
Master Men (60-64)	Life Time			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd		
125 kgs.	Bud Davis	111	0.5869	----	----	----	----	----	----	----	----		227.5	250	272.5		
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