

PEACH DAYS POWERLIFTING -- BENCH PRESS and DEADLIFT CHAMPIONSHIPS
MEET RESULTS
9/16/2006

Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Men</u>	<u>Open</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
60 kgs.	Nick Lenhart	59.6	0.8581	107.5	127.5	135.0	110	123	123	127.5	258.0	155	175.5	185	192.5	443.0		Yes	
90 kgs.	Alan Zeitlan	89.5		192.5	205.0	205.0	105	120	120		297.5	202.5	230	---		500.0	1		
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Men</u>	<u>Open Lifetime</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
60 kgs.	Nick Lenhart	59.6	0.8581	107.5	127.5	135.0	110	123	123	127.5	258.0	155	175.5	185	192.5	443.0		Yes	Yes
90 kgs.	Alan Zeitlan	89.5		192.5	205.0	205.0	105	120	120		297.5	202.5	230	---		500.0	1		
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Teen (18-19)</u>				1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
60 kgs.	Nick Lenhart	59.6	0.8581	107.5	127.5	135.0	110	123	123	127.5	258.0	155	175.5	185	192.5	443.0		Yes	Yes
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Masters (40-44)</u>	<u>Law / Fire/Military</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
100 kgs.	Tad Tadlock	98.4		170.0	185.0	185.0	110	117.5	122.5		307.5	182.5	195	205		512.5			
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Masters (40-44)</u>	<u>Life- Law/Fire/Military</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
100 kgs.	Tad Tadlock	98.4		170.0	185.0	185.0	110	117.5	122.5		307.5	182.5	195	205		512.5			
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Masters (60-64)</u>	<u>Open</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
90 kgs.	Alan Zeitlan	89.5		192.5	205.0	205.0	105	120	120		297.5	202.5	230	---		500.0	1		
Weight Class	Name	Body Weight	Co-efficient	SQUAT			Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
<u>Masters (60-64)</u>	<u>Life Time</u>			1st	2nd	3rd	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
90 kgs.	Alan Zeitlan	89.5		192.5	205.0	205.0	105	120	120		297.5	202.5	230	---		500.0	1		
RED = Missed Attempt																			
BLUE = STATE RECORDS																			
BLUE -- Highlighted = AAU American Records																			
Blue -- Highlighted + .500 gram chips were used for records																			
Best Lifter -- Women -- None																			
Best Lifter -- Teen/Junior -- Nick Lenhart																			
Best Lifter -- Open -- Alan Zeitlan																			
Best Lifter -- Master -- Alan Zeitlan																			

