

PEACH DAYS POWERLIFTING -- BENCH PRESS and DEADLIFT CHAMPIONSHIPS

MEET RESULTS

9/17/2005

Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Men</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
90 kgs.	Alan Zeitlan	88.8	0.6428	182.5	202.5	202.5		117.5	117.5	125		320.0	212.5	227.5	---		547.5	1	Yes
140 kgs.	Dennis Shock	127.4	0.5677	205.0	192.5	205.0		125	132.5	137.5		342.5	175	192.5	205		547.5		Yes
<u>Men</u>	<u>Open Lifetime</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
90 kgs.	Alan Zeitlan	88.8	0.6428	182.5	202.5	202.5		117.5	117.5	125		320.0	212.5	227.5	---		547.5	1	Yes
<u>Teen (18-19)</u>				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
90 kgs.	Kirk Waldron	86.5	0.6519	175.0	182.5	182.5		127.5	137.5	140		322.5	170	180	192.5		515.0		Yes
<u>Junior (20 - 23)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
110 kgs.	Anthony Pachy	104	0.5996	142.5	150.0	165.0		142.5	142.5	152.5		292.5	175	192.5	210		502.5	1	Yes
<u>SubMaster (35-39)</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
125 kgs.	Andy Watson	122	0.5728	220.0	235.0	240.0		185	202.5	202.5		425.0	240	262.5	265		687.5	1	Yes
<u>Masters (55--59)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
75 kgs.	Hank Liese, Phd.	71.5	0.7375	82.5	85.0	92.5		57.5	62.5	62.5		150.0	102.5	105	125		275.0		Yes
100 kgs.	Delbet Lloyd	99.5	0.6098	102.5	157.5	182.5		132.5	132.5	132.5			0	0	0				
140 kgs.	Dennis Shock	127.4	0.5677	205.0	192.5	205.0		125	132.5	137.5		342.5	175	192.5	205	210	547.5		Yes
<u>Masters (55-59)</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
75 kgs.	Hank Liese, Phd.	71.5	0.7375	82.5	85.0	92.5		57.5	62.5	62.5		150.0	102.5	105	125		275.0		Yes
<u>Masters (55-59)</u>	<u>Law / Fire</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
100 kgs.	Delbet Lloyd	99.5	0.6098	102.5	157.5	182.5		132.5	132.5	132.5			0	0	0				
<u>Masters (60--64)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
90 kgs.	Alan Zeitlan	88.8	0.6428	182.5	202.5	202.5		117.5	117.5	125		320.0	212.5	227.5	---		547.5		Yes
<u>Masters (60-64)</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
90 kgs.	Alan Zeitlan	88.8	0.6428	182.5	202.5	202.5		117.5	117.5	125		320.0	212.5	227.5	---		547.5		Yes
RED = Missed Attempt				Best Lifter -- Women				-- None											
BLUE = STATE RECORDS				Best Lifter -- Teen/Junior				-- Anthony Pachy											
BLUE -- Highlighted = AAU American Records				Best Lifter -- Open				-- Alan Zeitlan											
Blue -- Highlighted + .500 gram chips were used for records				Best Lifter -- Master				-- Alan Zeitlan											

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9/17/2005

Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Men</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
67.5 kgs.	Anthony Gallegos	67.2	0.7738	----	----	----	----	102.5	112.5	117.5		112.5	----	----	----	----	1	Yes	
140 kgs. +	Dave Marchant	157.8	0.5493	----	----	----	----	205	220	235		235.0	----	----	----	----	1	Yes	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Men</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
82.5 kgs.	Darren Carr	81.5	0.6749	----	----	----	----	137.5	145	152.5		152.5	----	----	----	----	1	Yes	
140 kgs. +	Dave Marchant	157.8	0.5493	----	----	----	----	205	220	235		235	----	----	----	----	1	Yes	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Boy Teens (16-17)</u>				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
48 kgs.	Hyrum Marchant	48	1.0703	----	----	----	----	25	30	37.5		37.5	----	----	----	----		Yes	Yes
67.5 kgs.	Craig Cunningham	61.6	0.8329	----	----	----	----	77.5	85	92.5	97.5	95.0	----	----	----	----		Yes	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (40-44)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
82.5 kgs.	Darren Carr	81.5	0.6749	----	----	----	----	137.5	145	152.5		152.5	----	----	----	----		Yes	
140 kgs. +	Dave Marchant	157.8	0.5493	----	----	----	----	205	220	235		235	----	----	----	----	1	Yes	
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (40-44)</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
82.5 kgs.	Darren Carr	81.5	0.6749	----	----	----	----	137.5	145	152.5		152.5	----	----	----	----		Yes	Yes
140 kgs. +	Dave Marchant	157.8	0.5493	----	----	----	----	205	220	235		235	----	----	----	----	1	Yes	Yes
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (40-44)</u>	<u>Law / Fire</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
82.5 kgs.	Darren Carr	81.5	0.6749	----	----	----	----	137.5	145	152.5		152.5	----	----	----	----		Yes	Yes
140 kgs. +	Dave Marchant	157.8	0.5493	----	----	----	----	205	220	235		235	----	----	----	----		Yes	Yes
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (45-49)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
67.5 kgs.	Anthony Gallegos	67.2	0.7738	----	----	----	----	102.5	112.5	117.5			----	----	----	----		Yes	
125 kgs.	Ralph Branning	123.5	0.5713	----	----	----	----	195	205	215		205.0	----	----	----	----			
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (45-49)</u>	<u>Life Time</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
125 kgs.	Ralph Branning			----	----	----	----	195	205	215		205.0	----	----	----	----			Yes
Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead	Lift	Total	PL	State Record	American Record	
<u>Master Men (55-59)</u>	<u>Open</u>			1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
140 kgs.	Dennis Shock	127.4	0.5677	----	----	----	----	125	132.5	137.5		137.5	----	----	----	----		Yes	Yes
RED = Missed Attempt				Best Bench Press Lifter				Women -- None											
BLUE = STATE RECORDS				Best Bench Press Lifter				Teen -- Craig Cunningham											
BLUE -- Highlighted = AAU American Records				Best Bench Press Lifter				Open -- Dave Marchant											
Blue -- Highlighted + .500 gram chips were used for records				Best Bench Press Lifter				Master -- Dave Marchant											

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Weight Class	Name	Body Weight	Co-efficient	SQUAT				Bench				Sub Total	Dead Lift				Total	PL	State Record	American Record
				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
<b>Boy Teens (16-17)</b>																				
48 kgs.	Hyrum Marchant	48	1.0703	-----	-----	-----	-----	-----	-----	-----	-----		65	85	92.5		92.5		Yes	
67.5 kgs.	Craig Cunningham	61.6	0.8329	-----	-----	-----	-----	-----	-----	-----	-----		147.5	147.5	165		147.5		Yes	
<b>Master Men (55-59)</b>																				
<b>Open</b>																				
140 kgs.	Dennis Shock	127.4	0.5677	-----	-----	-----	-----	-----	-----	-----	-----		175	192.5	205	210			Yes	Yes
RED = Missed Attempt																				
BLUE = STATE RECORDS																				
BLUE -- Highlighted = AAU American Records																				
Blue -- Highlighted + .500 gram chips were used for records																				
Best Deadlifter -- Women -- None																				
Best Deadlifter -- Teen -- Craig Cunningham																				
Best Deadlifter -- Open -- None																				
Best Deadlifter -- Master -- Dennis Shock																				