

Meet Location:  
The Edge  
Salt Lake City, Utah

**RMAC**  
**8th Ever USPF PUSH-PULL**  
**December 10, 2005**

12/28/2005

<u>Open Womens Division</u>		<u>BENCH PRESS</u>								<u>State</u>	<u>American</u>
<u>Wt. Class</u>	<u>Name</u>	<u>Age</u> <u>Divison</u>	<u>Attemtps</u> <u>1st</u>	<u>Attemtps</u> <u>2nd</u>	<u>Attemtps</u> <u>3rd</u>	<u>Attemtps</u> <u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>	
52 kgs.	Hedy Miller		72.5	80+	80+	----	72.5	159.8			
60kgs	Leslie Hofheins		60	65	67.5	----	65	143.3			
90+ kgs.	Dawn Richards		102.5	110	112.5	----	110	242.5	Yes		
<u>TeenWomens Division</u>											
82.5 kgs.	Kim Atencio	17	52.5	62.5	70	72.5	72.5	159.8	Yes	Yes	
<u>MasterWomens Division</u>											
52 kgs.	Hedy Miller	50-54	72.5	80+	80+	----	72.5	159.8			
<u>Teen Men</u>											
<u>BENCH PRESS</u>											
75 kgs.	Jeff Reyes	16-17	102.5	102.5	112.5	----	102.5	226.0	Yes		
<u>Open Men</u>									<u>State</u>	<u>American</u>	
<u>BENCH PRESS</u>									<u>Record</u>	<u>Record</u>	
67.5 kgs.	David Edmondson		137.5	150+	150+	----	137.5	303.1			
90 kgs.	Mick Benales	20-23	125	125	137.5	----	125	275.6			
110 kgs.	Mike Cordova		240	242.5	242.5	----					
	Anthony Plachy	20-23	145	155	165	----	155	341.7	Yes		
	Brad Hardy		165	175	182.5	----	175	385.8			
125 kgs.	Jason Gibson		227.5	235	245+	252.5	245.5	541.2	Yes		
	Tim Prince		200	212.5	227.5	----	212.5	468.5			
<u>Master Men</u>									<u>State</u>	<u>American</u>	
<u>BENCH PRESS</u>									<u>Record</u>	<u>Record</u>	
67.5 kgs.	David Edmondson	40-44	137.5	150+	150+	----	137.5	303.1			
75 kgs.	Hank Liese	55-59	57.5	57.5	57.5	----	57.5	126.8	Yes		
100 kgs.	Mike Bennett	45-49	177.5	182.5	187.5	----	0	0.0			
125 kgs.	Gil Anderson	50-54	192.5	200	205	----	200	440.9	Yes		
	Ed Acey	60-64	150	162.5	182.5	----	162.5	358.2			
140 kgs.	Manny Herrera	60-64	165	165	170	----	165	363.8	Yes		
<u>Best Open Women's Bench Press</u>		<u>Hedy Miller</u>									
<u>Best Teen Women's Bench Press</u>		<u>Kim Atencio</u>									
<u>Best Master Women's Bench Press</u>		<u>Hedy Miller</u>									
<u>Best Open Men's Bench Press</u>		<u>Jason Gibson</u>									
<u>Best Teen Men's Bench Press</u>		<u>Jeff Reyes</u>									
<u>Best Master Men's Bench Press</u>		<u>Gil Anderson</u>									
				RED = Missed Attempt							
				BLUE = STATE RECORDS							
				BLUE -- Highlighted = USPF American Records							
				Blue -- Highlighted + .500 gram chips were used for records							