

Meet Location:
The Edge
Salt Lake City, Utah

RMAC
9th Ever USPF PUSH-PULL
December 9, 2006

1/4/2007

<u>Open Womens Division</u>		<u>BENCH PRESS</u>	Weight	Age	Attempts	Attempts	Attempts	Attempts	Total	Total	State	American
<u>Wt. Class</u>				<u>Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>
52 kgs.	Hedy Miller		51.9	50-54	80+	85	87.5	----	80.5	177.5	YES	
56 kgs.	Leslie Hofheins		55.6	35-39	65	70	72.5	----	72.5	159.8	YES	
67.5 kgs.	Heather Davidson		66.6		37.5	40	45		45	99.2	YES	
<u>MasterWomens Division</u>		<u>BENCH PRESS</u>	Weight	Age	Attempts	Attempts	Attempts	Attempts	Total	Total	State	American
<u>Wt. Class</u>				<u>Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>
52 kgs.	Hedy Miller		51.9	50-54	80+	85	87.5	----	80.5	177.5	YES	YES
<u>Teen Men</u>		<u>BENCH PRESS</u>	Weight	Age	Attempts	Attempts	Attempts	Attempts	Total	Total	State	American
				<u>Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>
60 kgs.	Nick Lenhart		59.4	18-19	125+	132.5	132.5		125.5	276.7	YES	YES
75 kgs.	Jeff Reyes		73.7	16-17	102.5	102.5	112.5	----	102.5	226.0		
<u>Open Men</u>		<u>BENCH PRESS</u>	Weight	Age	Attempts	Attempts	Attempts	Attempts	Total	Total	State	American
				<u>Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>
75 kgs.	Travis Orawiec		67.9	20-23	75	92.5	92.5	95	92.5	203.9	YES	
82.5 kgs.	Ed Kinsey		81.4		157.5	157.5	170		157.5	347.2		
90 kgs.	Jeremy Drecksell		89.4	35-39	167.5	177.5	182.5	----	167.5	369.3		
110 kgs.	Tyler Nelson		103.7	20-23	142.5	155+	155+	160	155.5	342.8	YES	
125 kgs.	Jason Gibson		116.8		260	272.5	272.5		0	0.0		
SHW	Nate Baptist		168.6	20-23	200	217.5	217.5	227.5	217.5	479.5	YES	YES
<u>Master Men</u>		<u>BENCH PRESS</u>	Weight	Age	Attempts	Attempts	Attempts	Attempts	Total	Total	State	American
				<u>Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Lift (kgs)</u>	<u>Weight lbs</u>	<u>Record</u>	<u>Record</u>
100 kgs.	Chad Drecksell		98.5	50-54	172.5	185	185	----	185	407.9	YES	
	Keith Utz		95.8	40-44	132.5	140	145		140	308.6	YES	
125 kgs.	Gil Anderson		113.1	50-54	185	200	200	----	185	407.9		
Best Open Women's Bench Press		Leslie Hofheins										
Best Teen Women's Bench Press												
Best Master Women's Bench Press		Hedy Miller										
Best Open Men's Bench Press		Nate Baptist										
Best Teen Men's Bench Press		Nick Lenhart										
Best Master Men's Bench Press		Chad Drecksell										
					RED = Missed Attempt							
					BLUE = STATE RECORDS							
					BLUE -- Highlighted = USPF American Records							
					Blue -- Highlighted + .500 gram chips were used for records							