

USPF
Utah State Bench Press Results
Held at Physics Fitness Club
March 25, 2006

Open Women's Division				BENCH PRESS						
<u>Wt. Class</u>	<u>Name</u>	<u>Bdy wt.</u>	<u>Age Divison</u>	<u>Lift (kgs)</u> <u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>Total</u>	<u>State Record</u>	<u>American Record</u>
Open Men				BENCH PRESS						
		<u>Bdy wt.</u>	<u>Age Divison</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>		<u>State Record</u>	<u>American Record</u>
60 kgs.	Nick Lenhart	59.4	18-19	110	122.5 ++	125		123.5	YES	
67.5 kgs.	Dustin Martinez	63.9		62.5	82.5	97.5		82.5		
75 kgs.	Jordan Jones	70.3		120	122.5	122.5		122.5		
	Alex Martirosov	72		92.5	92.5	97.5		97.5		
100 kgs.	Mick Benales	90.6		125	135	140		135		
110 kgs.	Brad Hardy	109.7		175	175	180		180		
SHW	Nathan Baptist	163	20-23	175	192.5	200		175	YES	
Teen Men				BENCH PRESS						
60 kgs.	Chris Martinez	58.6	13-15	62.5	70	80	85	80	YES	
	Nick Lenhart	59.4	18-19	110	122.5 ++	125		123.5	YES	Yes
Master Men				BENCH PRESS						
90 kgs.	Ken Smith	88.6	40-44	110	117.5	125		125		
	Ernest Reyes	87.8	50-54	172.5	182.5	182.5		172.5	YES	
100 kgs.	Keith Utz	94.1	40-44	107.5	120	130	135	130	YES	
SHW	Jack Roelofs	157.7	45-49	185	192.5	192.5		192.5	YES	
Best Open Bench Press	Nick Lenhart									
Best Ladies Bench Press										
Best Teen Bench Press	Nick Lenhart									
Best Master Bench Press	Ernest Reyes									
RED = Missed Attempt										
BLUE = STATE RECORDS										
BLUE -- Highlighted = USPF American Records										
Blue -- Highlighted + .500 gram chips were used for records										